



Appetizers

Calamari	14
Lightly fried, topped with red onion and served with tzatziki dip	
Chicken Wings	17
1 pound of wings tossed with your choice of sauce. sweet chili, BBQ, Buffalo or S&P	
Poutine	11
Crisp fries, beef gravy and cheese curds It's a Canadian classic	
Pita & Dip	10
Two grilled pitas with tzatziki	
Cheese Bread	15
Three slices of garlic bread loaded with mozzarella cheese and baked in the oven	

Fish & Chips

Served with coleslaw and hand cut fries

Rockfish		
Beer battered Johnstone Strait rockfish	1pc	14
	2pc	19
Halibut		
Beer battered locally sourced halibut	1pc	19
	2pc	28
Chicken Strips		16
Home style chicken strips served with honey mustard		

Seafood & Pastas

Served with garlic toast

Shellfish pot	28
Prawns, pink scallops, clams, mussels steamed in a white wine garlic sauce	
Seafood Fettuccini	30
Fresh halibut, clams, mussels, pink scallops and prawns, tossed in a rich roasted garlic cream sauce	
Chicken & Bacon Penne	22
Crispy bacon bits and red onion tossed in a fresh marinara sauce, topped with a grilled chicken breast	

Soup & Salad

Salads served with garlic toast

Rick's Famous Clam Chowder	Cup 8	Bowl 11
Made in house and served with grilled pita		
Garden Fresh Salad	Half 8	Full 16
With tomatoes, cucumber, red cabbage, lettuce and shredded carrots		
Caesar Salad	Half 9	Full 17
A classic Caesar with bacon bits, parmesan and croutons		
Cranberry Pecan Salad		15
Dried cranberries, candied pecans, red onion and feta cheese tossed with romaine and honey yogurt dressing.		

Narrows Burgers & Wraps

Served with fries, garden salad or soup
Upgrade to yam fries, Caesar salad or chowder **2**

Beef Burger		16
With lettuce, tomato, onion and mayo		
Add	Bacon 3	Cheese 2
Cajun Chicken Burger		18
With lettuce, tomato, onion and avocado		
Pecan Salmon Burger		28
Sockeye salmon with a pecan crust and lemon dill aioli		
Caesar Wrap		
Chicken		16
Halibut		22
Blackened Salmon Wrap		25
Wild Sockeye salmon, cucumber, tomatoes, avocado and tzatziki		

Sides & Add-ons

Bacon	3	Cheese	2
Chicken Breast	7	Sautéed Onion	1
Halibut	12	Avocado	4
Prawns	12	Salmon	12
Yam fries	6		