

Appetizers

Calamari

Lightly fried topped with red onion
and served with garlic yogurt..... **14**

Tuna Tacos

3 tacos stuffed with lettuce, fresh Pico de Gallo,
Sesame seared tuna and wasabi aioli.....**17**

Poutine

Not much to say, it's a classic.....**11**

Pita & Dip

Two grilled pitas with garlic yogurt.....**10**

Cheese Bread

Three slices of garlic bread loaded with
Mozzarella cheese and baked in the oven.....**9**

Chicken Wings

1 pound of wings tossed with your choice of sauce.
Honey Garlic, Hot or S&P.....**16**

Steamers

Served in a garlic butter wine sauce with garlic toast

Shellfish pot

Clams, mussels and prawns.....**22**

1 lb Clams.....18

1 lb Mussels.....22

Sandwiches & Wraps

Served with fries, garden salad or soup

Daily Sandwich

Ask for today's creation.....**12**

Caesar Wraps

Your choice of Chicken.....**15** or Halibut.....**18**

Veggie Wrap

Loaded with lettuce, cucumber, tomatoes, carrots,
Mozzarella and tzatziki.....**14**

Chicken Planks

House made panko coated chicken breast.....**16**

Pastas

Served with garlic toast

Seafood Linguine

Fresh halibut, clams, mussels and prawns,
Tossed in a rich cream sauce.....**27**

Chicken & Bacon Penne

Chicken breast & bacon bits in a fresh marinara sauce
with Parmesan.....**18**

Pizza

Made with house made flat bread style crust
And fresh tomato pizza sauce

Cheese

Loaded with Mozzarella cheese.....**12**

Ham & Pineapple

Pineapple chunks, diced ham and cheese.....**15**

Pepperoni.....15

Soup & Chowder

Daily Soup

Ask your server for today's creation

Cup.....7 Bowl.....10

Famous Clam Chowder

Made in house and served with grilled pita

Cup.....8 Bowl.....11

Salads

Salads served with garlic toast

Garden Green Salad

With tomatoes, cucumber, celery, red cabbage

And shredded carrots.....**14**

Caesar Salad

A classic Caesar with bacon bits, Parmesan
and croutons.....**16**

Fish & Chips

Served with tartar sauce and coleslaw

Cod

Lightly beer battered cod tails

1pc.....11

2pc.....17

Halibut

Lightly beer battered fresh halibut

1pc.....16

2pc.....22

Narrows Burgers

Served with fries, garden salad or soup

Prime Rib Burger

With lettuce, tomato, onion and mayo.....**15**

Grilled Chicken Burger

With lettuce, tomato, onion and mayo**16.50**

Salmon Burger

Sockeye salmon with lettuce, tomato,
onion and tartar sauce.....**17**

Halibut Burger

Fresh halibut with lettuce, tomato,
onion and tartar sauce.....**18**

Seared Tuna Burger

Sliced tuna with lettuce, tomato,
onion and wasabi aioli.....**18**

Mains

Served with seasonal vegetables, garlic toast

And your choice of roast potatoes or rice

Wild Sockeye Salmon

6oz fillet grilled and finished in the oven
with garlic butter and white wine.....**27**

Fresh Halibut

6oz Fillet grilled and baked on a bed of spinach topped
with a garlic butter wine sauce.....**30**

Sides & Add-ons

Bacon.....2

Chicken Breast.....6

Halibut.....8

Prawns.....8

Tuna.....8

Cheese.....1

Sautéed Onion.....1

Avocado.....4

Salmon.....8